Essential Oils for Massage Therapists: Peels, Leaves, and Needles

Blood Orange, Bergamont, E. Radiata, E. Globulus, E. Citradora, Peppermint, Palmarosa, Ravensara, Rosemary, Basil, Pine, Marjoram, and Melissa

**Students Can Expect to Learn:**

- History of Essential Oils and Aromatherapy
- Parts of the Plants Used
- The Wei, Ying, and Yuan Levels (top, middle, and base notes)
- The Value of Scent in TCM & Massage Therapy
- Olfaction, the Limbic System and Emotions
- The Relationship between Essential Oils, Shen (mind), and Jing (DNA)
  - Meridian and Point Associations
- Massage Strokes Correlating to Personality Profiles/Functions
- Practical Applications (including demonstrations)
  - Treatment Protocols
- Blending for Common Respiratory Disorders, Musculoskeletal Disorders, and Common Symptoms Seen in Massage Practice

Marc J Gian is a specialist in essential oils and has been teaching at the Pacific College of Oriental Medicine in Manhattan since 2006. He is a licensed Acupuncturist, and Massage Therapist with nearly 15 years of experience. He has a private practice in NYC where he utilizes his specialties and additional modalities of Chinese herbs, Reiki, Polarity Therapy, Tui Na, Hypnosis, Dreamwork, Mental Imagery, and guided meditations.